

Personal Development at Eaton Bank Academy

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At Eaton Bank Academy we place significant emphasis on the Personal Development of all of our students. Our aim is to create well-rounded students, who not only leave school with excellent qualifications, but who are also prepared to contribute and thrive in wider society.

We are passionate about ensuring that every student has access to a rich and broad Personal Development Curriculum. Within this students will engage in thorough PSHE and Careers programmes, have access to a wide range of extra-curricular opportunities beyond the classroom and be able to contribute to the school and wider community by volunteering or as part of the Student Leadership Team.

The EBA Values of 'Respect, Ambition, Kindness, Honesty and Optimism' lie at the heart of our Personal Development programme and we seek to foster these qualities in all students. These reinforce fundamental British Values, whilst developing qualities such as independence, resilience and confidence which will enable students to succeed in later life.

We believe that life at Eaton Bank Academy has so much to offer, and we would strongly encourage all students to embrace those opportunities, including by engaging with our programme of House Competitions.



Mr D. Washington
Assistant Head, Curriculum & Personal Development

The Eaton Bank Academy Values



The Eaton Bank Values of Respect, Ambition, Kindness, Honesty and Optimism lie at the heart of our curriculum, and through Personal Development we look to encourage and reinforce those values.

The programme emphasises the role of these values within the school community and the wider society, whilst reiterating and upholding core British Values.

Through Personal Development we strongly engender a sense of inclusion and diversity, encouraging tolerance and mutual respect. The programme helps to develop students' wider characteristics, and these values play a central role in this.



Design

How have you designed your curriculum to be broad, balanced and ambitious?

The Personal Development Curriculum is delivered through several mediums which provide broad access to the subject. All students have 1 lesson per fortnight focussed on PSHE, with three units each year (Health & Wellbeing, Relationships & Sex Education and Living in the Wider World). These cover the statutory topics set out by the DfE and give a broad experience.
This is supported by six drop-down mornings per year, utilising specialist guest speakers to provide a rich and diverse experience along with the assembly programme which builds upon wider world topics such as Remembrance, Mental Health, and Children in Need.
An ambitious and broad extra-curricular programme is offered to all students, which is supported by trips and residentials which both links directly to the academic curriculum and provide further enrichment for students. Added to this, students can engage in volunteering, access careers and work experience and partake in student leadership.

Rationale

What is the rationale behind your curriculum design and ordering of content over time?

The curriculum is sequenced in a spiralling manner to allow for a five or seven year journey in Personal Development, which gradually builds each year. Content for PSHE is selected to be age specific throughout and is drawn from the advice provided by the DfE, whilst our Careers Programme seeks to adhere to the Baker Clauses.
A wide range of extra-curricular and leadership opportunities are offered to enable students to engage in areas according to their own interests and passions, whilst the whole programme seeks to reiterate the EBA values and wider British Values.
The Personal Development programme is designed to prepare students for life beyond school, and this mantra informs both the content selection and sequencing of content. In turn this develops students who are prepared to contribute to wider society in the future.

Equality

How is the your curriculum accessible and purposeful for all students, including SEND, Disadvantaged and Higher Ability Learners?

All students have access to the Personal Development Curriculum, providing them with a lesson per fortnight which in turn is then adapted in the classroom to suit the needs of the individual student. The use of specialist external providers, lends further expertise to the implementation of the curriculum, providing access and purpose to all students.
Every school receives tailored careers advice and a careers interview, whilst specialist support is provided to those who may seek to pursue apprenticeships or other opportunities post school. For example, an Oxbridge programme and guest lecture series seek to support higher ability learners, whilst the Careers Fayre involves a wider range of employers.
The focus of extra-curricular clubs revolves around participation and inclusivity, as staff aim to remove barriers to attendance. Trips related to the curriculum are funded for Pupil Premium students, whilst where possible barriers to attendance of trips providing wider enrichment are addressed.

Aims, Visions & Values

What is the aim of your curriculum and how does this support the aims and values of the school?

Our Personal Development Curriculum aims to create well-rounded students, who not only leave school with excellent qualifications, but who are also prepared to contribute and thrive in wider society.
The EBA Values of Respect, Ambition, Kindness, Optimism and Honesty are at the heart of Personal Development at Eaton Bank, which also reiterate British Values.
The Eaton Bank Personal Development Programme supports students' Social, Moral, Spiritual and Cultural Education, highlighting key themes of diversity and Inclusion and encouraging all students to be aware of the wider world that they live in.
Finally, through Personal Development we aim to enrich students' educational experience, building their confidence, resilience and independence and providing them with the skills and expertise to thrive once they leave school.

Misconceptions

How does the Curriculum address misconceptions to support students' learning?

Misconceptions are planned for within the lessons involved in the Personal Development Curriculum whilst formative assessment within these lessons is regularly conducted through low stakes testing to identify gaps in learning and further misconceptions, leading to adaptive teaching.
Potential barriers to entry for the wider extra-curricular programme, careers programme or student leadership are considered, and misconceptions addressed at that point to maximise the opportunities for students to engage in our programme.
Moreover, regular student voice is completed to help to provide feedback on the Personal Development programme and address misconceptions, which a proactive approach is taken to sequencing of content, with a degree of flexibility to adjust the curriculum according to events in the wider world.

The Personal Development Curriculum

The Personal Development Curriculum allows students to study a broad range of important and statutory topics across their time at Eaton Bank. These topics help to prepare students for the wider world and support their Spiritual, Moral, Social and Cultural Education. British Values, the Rule of Law and Democracy are emphasised throughout.

Students have one lesson a fortnight for Personal Development on their timetable, which is supplemented by a two-period drop down day each half term. The majority of the curriculum is delivered by form tutors who have the best relationship with students, whilst the expertise of outside speakers is regularly utilised.

Each year students study three units; Health & Wellbeing, Relationships and Sex Education and Living in the Wider World. Content is selected to be age appropriate, whilst the curriculum spirals with topics revisited as students progress throughout the school.

The following page outlines the individual topics covered by each year group, whilst a Personal Development Curriculum also continues for Sixth Form students at Eaton Bank. Part of our Careers Education is also tied into this programme.



Miss E. Parker
PSHE Coordinator

Term	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn: Health & Wellbeing	Dealing with Change Routines & Sleep Healthy Eating Mental Health Caffeine & Energy Drinks Road Safety Periods & Puberty Personal Hygiene Internet Safety Managing Emotions	Resilience Mental Health Importance of Balance Power of Kindness Impact of Alcohol Basic First Aid Strength & Self Belief Being a Bystander Body Image	Peer Pressure Managing Anxiety Body Image Self Harm Drugs & County Lines Road Safety Knife Crime Addiction CPR	Self Confidence Binge Drinking Impact of Drugs Pregnancy & Choices Miscarriage & Fertility Impact of Bullying Road Safety Staying Safe in the Sun Setting Screen Aside	Managing Stress into Adulthood Approaching Exams Healthy Lifestyle Giving Blood Organ Donation CV Writing Cancer Body Image
Spring Term: Relationships & Sex Education (RSE)	Boundaries What is bullying? Healthy Friendships Kindness Consent Dealing with Conflict Family Relationships Communication Trust	Respectful Relationships Managing Relationships Dealing with Divorce Loss & Grief Online Relationships Romantic Relationships Sexuality & Attraction Trust Consent Standing up to Bullying	Sex & Consent Contraception & Safe Sex STIs FGM Sexting Healthy Relationships Control & Coercion Sexual Harassment Forced Marriage Homophobia	Changing Relationships Marriage Abusive Relationships Sexual Harassment Gender Stereotypes Revenge Porn Body Image Pornography Bullying	Sexual Assault & Rape Victim Blaming Communication Online Dating Positive Relationships Substance Misuse Impact on Relationships Alcohol & Drink Spiking
Summer Term: Living in the Wider World	What is Racism? Disability in the Media Invisible Disabilities Social Media Facial Differences Finance: Saving Ambition & Goals Careers (x4) Democracy & Voting Environment	Challenging Homophobia Social Media Refugees Politics Fake News Finance: Budgeting Online Data Careers (x4) Your Digital Footprint Rise of Vaping	Protest v Extremism Radicalism Addressing Racism Influence of Advertising Ambition & Goal Setting Gender Equality What are your values? Careers (x5)	Gender Stereotypes Intimacy Inclusive Society: Religion Finance Politics Revision for Mocks Careers (x5)	Credit & Credit Scores Buying a House Careers Looking to the Future Exam Strategies Revision Techniques

Careers at Eaton Bank Academy (Futures)

At Eaton Bank Academy, we aim to provide all students with unbiased guidance about their futures that will allow them to understand the skills and knowledge they are developing within the academic curriculum.

Development of the necessary skills and careers awareness begins in Year 7 and students experience a carefully sequenced careers curriculum over their time at Eaton Bank, which builds the necessary skills to make informed decisions for their future. Students will fully understand the academic, vocational and technical routes available to them and have the opportunity to gain real world information for each option.

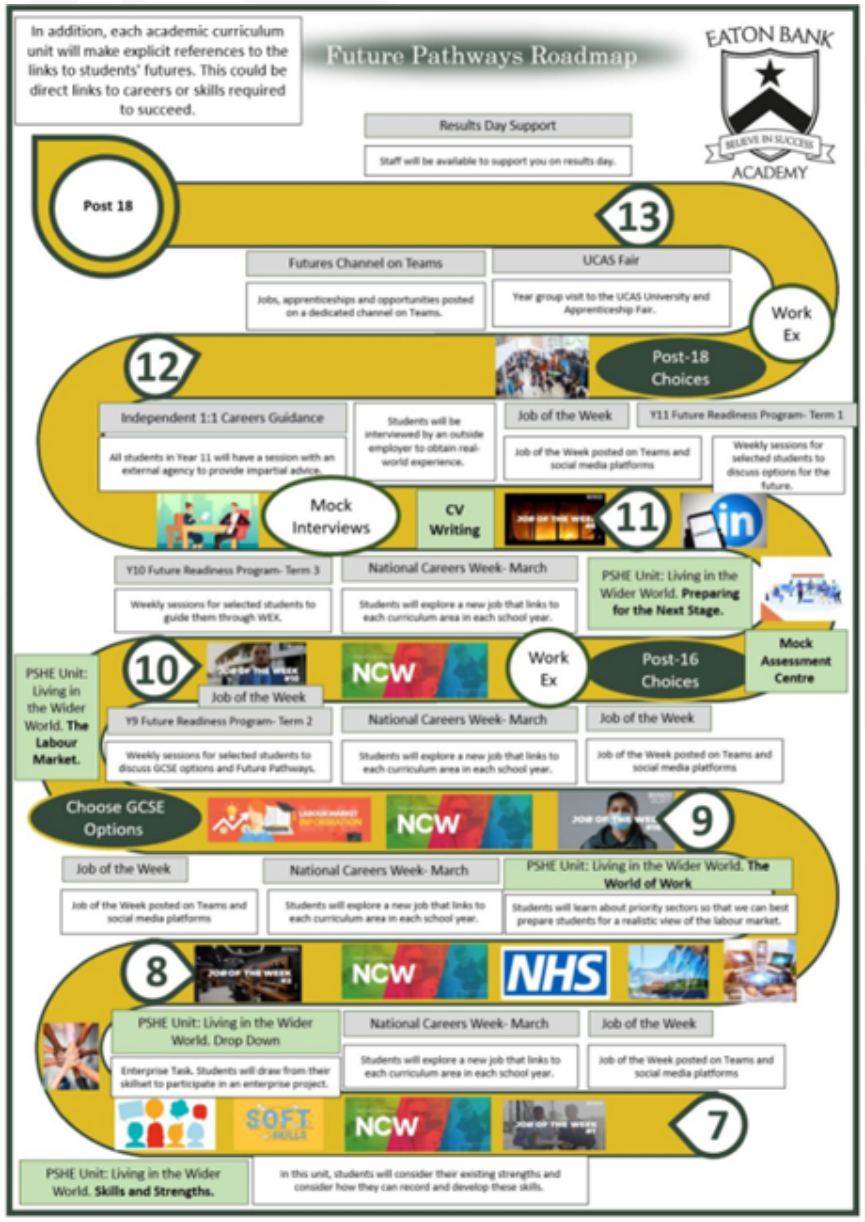
At the centre of our Futures offer is the opportunity for all students to have face-to-face careers interviews with our in-house and independent Careers Advisor. This usually happens during Key Stage 4. However, through using a monitoring process and a strong pastoral system we identify any students in need of earlier intervention and act accordingly.

The Futures Team work closely with the Heads of Year, including the Sixth Form Team, to ensure students receive the advice and guidance required at these crucial stages.



Miss S. Davis
Careers Lead

Careers at Eaton Bank Academy





Student Experiences

At Eaton Bank, we seek to extend our student experience beyond the classroom and academic curriculum. We therefore offer a wide variety of extra-curricular clubs which take place at lunchtime and after school, open to all students to attend.

We are proud of the wide range of opportunities on offer, from sports clubs and art events to debating club and eco club. There are also many other opportunities which come from these clubs such as sports fixtures, performances or productions and visits off site.

We encourage all students to engage in some form of extra-curricular activity at Eaton Bank, as we believe that school provides the best chance to try these new hobbies and develop a passion which may last a lifetime. These clubs also help students to form new friendships, develop their confidence and learn new skills.

The range of opportunities on offer varies throughout the academic year, and the following pages give you an idea of some of these. To find out more on what is currently offered please visit our extra curricular page on the school website.



Mr J. Ellis
Student Experiences Coordinator

Nurturing Interest and Talent

At Eaton Bank we seek to nurture both interest and talent in a range of different extra-curricular activities, whether they be sport, performing arts, design, debating, chess or much more. We pride our extra-curricular activities on being accessible to all students, ensuring that disadvantaged and SEND students have the same opportunity to access these as the rest of our student body. At the same time we believe in developing and nurturing talent by giving our students the platform to achieve success in their areas of interest.







Interest (Participation): This is the bedrock of our extra-curricular and wider Personal Development programme. We want to encourage all students to engage with our offering and develop a lifelong passion for those interests, which they will then continue post-school.

Talent (Performance): Whether it be as an academy level footballer, a talented musician, a prospective dancer or an artist, we aim to promote and nurture talent, encouraging students to 'Believe in Success' and supporting them to maximise their potential and future performance.

Performing Arts

Our Performing Arts faculty offers a broad and ambitious range of extra-curricular opportunities for students to engage in, allowing them to show their passion and talent for the subject beyond the classroom.

Every year we hold a whole school musical at Daneside Theatre. This year over 100 students performed a brilliant rendition of Fame. Prior to that in 2022 the school delivered a production of Grease, whilst Anything Goes starred in 2023. These involve students from across every year group, building friendships and camaraderie, as well as confidence and resilience.

Throughout the year there are dance shows, music concerts and other smaller productions, further supplemented by weekly dance and drama clubs. All students can also complete specialist music lessons offered by our team of experienced professional peripatetic music teachers who work with the school.



Sport

Sport plays an important role in life at Eaton Bank and we recognise the value of this by encouraging high levels of physical activity for all students and in turn promoting positive physical and mental health.

Beyond core PE lessons, we offer a broad extra-curricular programme throughout the year, encompassing a range from team sports such as football, netball and rounders to individual sports such as badminton, athletics and trampolining. On the school website you can find the clubs offered for the current half term.

Students represent the school in these sports, competing against local schools to offer both performance and participation opportunities. A number of our students have gone on to represent Cheshire, the North West or even England in different sports in the past.





Other Extra-Curricular Clubs

The opportunities extend far beyond the areas of performing arts and sport, and we believe there is something for everyone. A thriving weekly debating club takes place, building self-confidence, literacy skills, vocabulary and public speaking. Our student-led Eco Club succinctly emphasises the importance of the natural environment, has planted trees on the school site and investigated ways to reduce energy consumption. Chess Club allows students to test themselves cognitively and build resilience, whilst our Crochet Club helps students to learn a valuable new skill in a nurturing environment.

Many departments run subject specific clubs such as our highly popular Science Club or Film Club, whilst there are a range of year group homework hubs and additional study sessions for KS4 or KS5 students, which provide further academic support beyond the classroom. Fundraising events take place throughout the year, along with other initiatives such as European Day of Languages and World Book Day, which promote a love of learning beyond the confines of the classroom.

Numerous students engage with the Duke of Edinburgh programme, providing opportunity for further volunteering, developing of leadership skills and the chance to partake in expeditions. The Art & DT Faculty completes a series of fantastic art displays and projects throughout the year, whilst you can become involved with Geography Club or take on the Maths Challenge.







School Trips

At Eaton Bank we run a series of school trips which enhance students' experiences and build students' social and cultural understanding of the wider world. These opportunities help to bring subjects to life, instilling a passion for the subject for our students.



Many of these trips, such as our Geography Fieldwork or Theatre trips link directly to the academic curriculum, whilst others provide subject specific or more general enrichment. Our Year 7 students go on our Bushcraft residential in September.

Our overseas trips including the History trip to Normandy, the New York trip focused on Performing Arts, the Geography trip to Iceland or the Ski trip provide students with the most memorable moments of their school experience. We consistently seek to diversify our range of opportunities offered to students, whilst ensuring that these trips are accessible to all students.



These trips build students' skills, encouraging confidence, independence and self-organisation. The aim is that these trips inspire and motivate students, whilst encouraging positive attitudes and reinforcing the school values. Finally, these build cultural capital and provide experiences which extend learning beyond the classroom.




























EATON BANK
ACADEMY

Student Leadership

Our Student Leadership Team plays an active role within the school community, representing the student body and organising a series of events across the year. These involve campaigns relating to mental health, fundraising or charity initiatives and running clubs such as Eco Club and the Proud Group.

The Student Leadership Team is led by students from our Sixth Form, but has the opportunity for students across the school to be involved. Representatives are elected into positions, with sub-committees on the areas of Outreach, Charity, Eco and Inclusivity.

The Student Leadership Team is then provided with a budget to be able to enact positive change that is requested by the school community. In addition, there are multiple opportunities to engage in leadership as sports captains, by supporting the extra-curricular programme, through Duke of Edinburgh or as House Leaders and House Captains.

As a school we seek to develop leadership skills within our students and recognise that these are invaluable for building CVs and for their future careers. Consequently, we encourage all students to engage with these opportunities and work with the Student Leadership Team.



House System



Astbury
(Mrs Cooper)



Bridestone
(Mr Shaw)



Cloud
(Miss Wilkinson)



Dane
(Miss Hughes)

The Eaton Bank House System provides students with a sense of belonging and community, as well as an opportunity to represent their house. Students can gain house points by showing the school values, as well as by demonstrating positive behaviour, attendance and engagement with school life. In addition, a series of house competitions are run throughout the year, where further house points are awarded. This provides further opportunities for students to take part in a whole range of extra-curricular activities.

SMSC & British Values

At Eaton Bank, we are proud of how we support students in their Spiritual, Moral, Social and Cultural development, both through our Personal Development Curriculum and the wider academic curriculum. The school's Values and Ethos of 'Believe in Success' are at the heart of everything we do, and we aim that all students leave Eaton Bank with the skills to thrive in the wider world.

The Personal Development Curriculum helps to build their skills of independence, resilience, self-motivation, organisation, cultural understanding, leadership and much more. This is supported by our Core Time Curriculum, our pastoral provision, our assembly programme and our Philosophy, Religion and Ethics Curriculum.

In addition, throughout the Personal Development Programme we promote the British Values of Democracy, Rule of Law, Individual Liberty, Responsibility, Respect and Tolerance. At Eaton Bank we promote Equality, Diversity and Inclusion and we want all of our students to be tolerant and respectful. These are key virtues that we place at the heart of our school community.





EATON BANK ACADEMY

www.eatonbankacademy.org

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